

16 Practical Prayer Ideas for Groups

1. Have participants speak prayer requests to the leader, who writes them down then prays them aloud in behalf of the group.
2. Have group participants speak their prayer requests to the leader one at a time with group members in unison saying, "Hear our prayer, Lord."
3. Have the leader lead the group in a "bidding" prayer, where he/she coaches participants to pray through various categories or subjects. For example: "In your own heart, silently, why don't you lift up our church's upcoming event . . . or . . . silently ask the Lord to heal thus and so . . . etc . . ."
4. Have participants write prayer requests on an index card, pass to the right, and have all group members pray silently for requests on the card.
5. Have participants take home another person's prayer requests on an index card and pray over that card throughout the week.
6. Print up a written prayer and have participants pray it aloud together.
7. Have participants gather into same-gender groups of 2-3 to experiment with praying aloud.
8. Pray using the **ACTS model**.
 - A—praising God for who He is, names for God
 - C—confess our sin
 - T—Give thanks to God for what he does
 - S—supplication, lifting up our needs as well as others
9. Have the entire group pray around the circle in order, squeezing the hand of the person to their right (those who want to "pass" can simply pray silently and squeeze the person's hand to their right).
10. Have the entire group pray "popcorn" style, whenever they so choose, speaking one at a time, but in no specific order.
11. Pray "Korean" style, with everyone praying aloud simultaneously.
12. Have each group member share a prayer request to the person on their left, and then stand in a circle with everyone facing the back of the person to their right, arm extended to their shoulder. Have group members pray for the person whose prayer request they received, either aloud or silently.
13. Start a group prayer log, listing requests, and then following up with answers in the ensuing weeks.
14. Lead a group to listening prayer in order to hear from the Lord. Share impressions with one another afterwards.
15. Take a group "prayer-walking" through a neighborhood or region, praying as you walk, saturating the community in prayer.
16. Proclaim a small-group fast as you pray for specific needs.