

Counselor Referral List

Cypresswood Christian Counseling | 832-493-6965 | [Christian Counselor - Cypresswood Christian Counseling](#)

- Bond, Sandy, MA, LPC
- Lori Mondshine MA, LPC
- Meredith Clay MA, LPCA
- info@cypresswoodchristiancounseling.com

9950 Cypresswood Dr., Suite 221, Houston, Texas 77070

Heartwood Counseling Center | 281-961-0613 | [Heartwood Counseling | Spring, TX](#)

- Peggy C Mahan MA, LPC, Play Therapist
- Clients must be 12yrs or older (Specializes in adolescents, adults, depression, anxiety, abuse, court-ordered therapy. Does not accept insurance)
- 13910 Champion Forest Dr. Suite 108 Houston, TX 77069

Non-Profit Counseling

Heart Revival Ministries | [Heart Revival Ministries Houston – Holy Spirit and through prayers of repentance and forgiveness](#)

Sherry and Ron Torbert | 832-797-4959

- Specializes in pre-marital, marriage, couples, individuals, general
- support@heartrevivalministries.com

Shield Bearer Counseling Centers | 281-894-7222 | [Counseling Centers Houston | ... | Shield Bearer Counseling Centers](#)

- Hours: 8am to 8pm and Saturdays 9am-5pm

**Redeemer's House | [The Redeemer's House - Counseling and Coaching For Church Leaders](#)
taylor.fisher@theredeemershouse.org**

- Specializes in free counseling services for church staff and their families.

Private Practices

Lizi Bailey LPC, Life Coach | lizi@lizibailey.com

[Lizi Bailey | Counseling & Life Coaching](#)

- 16 years old +
- Anxiety, depression, grief & loss, relationship distress, couples counseling, identity & self-understanding, and life transitions.
- Personal growth, identity development, finding direction, values driven living, and purpose and calling.

Bourland, Enie, MA, LPC, LMFTA-A | 281-813-0672

- Clients must be 18 yrs or older
- Specializes in sexual addictions and trauma
- EMDR-trained for first responders or military personnel

Calderon, Carlos R., MS, LPC-S | 281-419-2323 | [Christian Marriage Therapists](#) | [Christian Life Counseling - Virtual Support](#)

- Anger-resolution, grief, trauma, sex abuse, children, and adolescents
- carlos.calderon@Christianlifecounseling.com

Causey, Anne, M.A., LPC | 832-492-5068 | [Anne M. Causey, M.A., LPC](#) | [Therapy in The Woodlands, TX](#)

- Specializes in child through teenage issues/financial distress counseling available now
- annecausey@annecausey.com

Frnka, Beth, M.Ed., LPC | (713) 309-5246

- Specializes in teen girls and adults

Griffin, Barbara, MCBC, LPC | (409) 292-9170

Hards, Christine, M.Ed., LPC | (832) 674-1936 | [Meet Christine](#) | [mysite](#)

- Adolescents, adults, and families
- Focus: academic success, behavioral concerns, communication, frequent conflict, self esteem, depression, anxiety, grief, and divorce.
- ChristineMHards@gmail.com

Johnson, Janet Frakes, LCSW | 832-347-4363

Michele Larson, LCSW | (940) 215-4885 | [Michelle Larson - Mindful Counseling and Wellness](#)

- michelle@mindfulcounselingtexas.com

Paul Looney, M.D. | (713) 725-1305 | [Dr. Paul Looney, MD - LooneyDoc.Com](#)

Meyers, Alyssa, MA, LPC, NCC | 936-203-1772 | [Restoration Counseling](#)

- Anxiety/panic disorders, depression, past abuse, PTSD, mood disorders, and spirituality
- alyssa@restorationcounsel.com

Nazaroff, Kat , LCSW,LCDC,CDWF (Psychotherapist) | 713-678-0434 | [Kat Nazaroff, LCSW - Psychotherapist, Therapy, Depression](#)

- Adolescents, adults, couples, and families
- Focus: Recovery, EMDR, Postpartum support
- katnazarofflcsw@gmail.com

Nicholas, Janet MA, LPC, LCDC trained | 713-882-4268 | [Janet Nicholas, MA, LPC, LCDC](#)

- Specializes in sex addictions, adolescents, adults, marriage, and women's issues
- janet@janetnicholas.com

Peacock, Scott, MA, LPC, LMFT, LCDC, CCSAS, DBT Dynamics | 713-533-8906 | [Scott Peacock](#) | [Therapy in Houston, TX](#)

- Young Adults, Adults
- Focus: Sex addiction, partners of sex addicts, affair recovery, mood disorders & anxiety

Richter, Terry, LCSW | (832) 632-8578 (out of pocket cash rate if needed) | [Terry M. Richter, Clinical Social Work/Therapist, Houston, TX, 77090 | Psychology Today](#)

- Women's issues, couple and group therapy, anxiety, grief/loss, aging issues, life transitions

Ryan, Greg | Connect Psychology Services, PhD | 832-534-3993 | [J. Gregory Ryan - Connect Psychological Services PLLC](#)

- www.connectps.org
- support@connectps.org

Saltzman, Kim, LPC | 281-989-5106 | [Kim Saltzman](#)

- Specializes in Eating Disorders and Anxiety
- info@kimsaltzman.com

Schultea, Leslie T. MS, LPC, LMFT | (281) 761-6933 | [Leslie Truitt Schultea, Marriage & Family Therapist, New Braunfels, TX, 78130 | Psychology Today](#)

- Grief, marriage, anxiety/depression, pregnancy issues and loss, eating disorders, ages 13+

Sifers, Marla, LPC | 281-444-4557 | [Marla Sifers, LPC - Counselor in Houston, TX](#)

- Women, marriage

Teague, Desi, LPC | 832-529-6172 | [Home - Desi Teague, LPC](#)

- Specializes in marriage, women's issues, and adolescent girls

Way, Haley, LPC, Embrace Your Life, PLLC | 832-422-8503 | [Counseling for Creatives and Empaths in The Woodlands](#)

- Young Adults, Young Professionals, Adults
- Focus: Grief, Anxiety, Depression, Loss, Identity, Self-worth